### Welcome to Danville!

This first link is for the town. They put on so many great programs and mail a recreation guide to all Danville residents several times a year (you can get a copy at the library). Once you create an account and acquire a pin number, registering for events is a piece of cake as it stores your family information. http://www.ci.danville.ca.us/Recreation/

If you haven't found Danville Patch yet, this is a great site to see what is going on in Danville. http://danville.patch.com/

Baseball

www.tvllbaseball.org/

Alternate baseball leagues (travel teams)

http://danvillebaseballacademy.com/crushers.php

http://www.slammersbc.org/

Indoor batting cages!! http://www.sanramonsports.com/

Baseball clinics: http://www.ebys.org/

Basketball

**CYO League** - starts at 3<sup>rd</sup> grade. http://www.stisidorecyo.org/default\_css.aspx

#### Danville Rec League

The basketball league through the town is fun and a good opportunity to learn how to play the game. Co-ed for K-1 and gender specific for grades 2-5. Last day to register is Nov 8th. http://www.ci.danville.ca.us/Recreation/

#### Basketball at the YMCA

YMCA sports emphasize fun, fair play, skill development, and teamwork. Teams meet for one hour on weekends only for practice and games. All participants play at least half of every game. Games are coached by parent volunteers and are officiated by YMCA staff. Game times will vary. Locations will be in the San Ramon Valley (Walnut Creek, Alamo, Danville, San Ramon) area.

http://www.ymca-cba.org/irvin-deutscher-family/irvin-deutscher-family-youth-family/programs

Basketball clinics: http://www.ebys.org/

### Boy Scouts

The Boy Scouts of America is one of the nation's largest and most prominent values-based youth development organizations. The BSA provides a program for young people that builds character, trains them in the responsibilities of participating citizenship, and develops personal fitness.

Sycamore Valley Elementary Contact: betpryor@comcast.net

### • Cheer & Dance

Valley Cheer and Dance, Inc.'s mission is to be a well-respected, successful, and competitive sports club which strives to provide a state-of-the-art training facility, where coaches can focus on making better dancers and cheerleaders.

http://www.valleycheeranddance.com/

\*\*T-Birds and PJFL (football leagues) also have cheer divisions.

http://srvthunderbirds.com/content/about-t-birds/ http://www.pjfl.com/

### • Danville Girls Chorus

http://danvillegirlschorus.com/

### • Girl Scouts

In Girl Scouts, girls discover the fun, friendship, and power of girls together. Through a myriad of enriching experiences, such as extraordinary field trips, sports skill-building clinics, community service projects, cultural exchanges, and environmental stewardships, girls grow courageous and strong. Girl Scouting helps girls develop their full individual potential; relate to others with increasing understanding, skill, and respect; develop values to guide their actions and provide the foundation for sound decision-making; and contribute to the improvement of society through their abilities, leadership skills, and cooperation with others.

Contact Deana Beltramo for more information: deana@beltramo-group.com

### • Football

**The T-Birds** are a founding member of the Diablo Valley Youth Football Conference. The DVYFC exists to set the basic framework for the League. The DVYFC is one of the premier youth football conferences in the Bay Area. It promotes high standards in both football and cheer. There are 18 cities that make-up the conference.

We typically field 5 football and cheer squads, made-up of youth participants grouped by age and weight as guided by the DVYFC rules. The maximum size of our football squads is limited

to 35 players. Tryouts and evaluation by our coaching staff determines the final team rosters. In most cases we must cut potential players to meet these limitations. Our cheer squads are also determined by a tryout process.

Football and Cheer practices begin in August and continue through the season until late November. Practices are typically held at Monte Vista High School and our home games are played at San Ramon Valley High School.

#### http://srvthunderbirds.com/content/about-t-birds/

**Pleasanton Junior Football League (PJFL)** is committed to ensuring a positive youth football experience and advancing player safety this fall by providing league-wide coaching education and teaching resources that benefit players, parents and coaches through USA Football's Heads Up Football program.

http://www.pjfl.com/ Flag and Contact league.

#### Flag football at the YMCA

http://www.ymca-cba.org/irvin-deutscher-family/irvin-deutscher-family-youth-family/programs/irvin-deutscher-family-flag-football

**EBYS (East Bay Youth Sports)** is a year round, full service youth sports organization dedicated to the growth and development of character, sportsmanship, confidence, teamwork, ability and fun in the youth of the San Francisco East Bay area.

Our concern is the "whole" development of the person and building of successful individuals through sports. While our programs benefit the young athlete, we also offer "family friendly" schedules and a relaxed, enjoyment of sports in a less than competitive atmosphere that offers both the player and their families the best that youth sports participation can offer.

#### http://www.ebys.org/

#### • Lacrosse

The Diablo Scorpion Lacrosse Club is a non-profit corporation whose goal is to provide the children of the San Ramon Valley School District (Danville, Alamo and San Ramon, California) the opportunity to learn and play the game of lacrosse. We were established in 2001. We are a club sponsored program run by volunteers and paid coaches. We have established both girls and boys programs and currently have 38 club teams ranging from Kindergarten through 8th grade.

http://www.scorpionlacrosse.org/

#### Indoor Lacrosse at San Ramon Sports!

http://www.sanramonsports.com/

• Odyssey of the Mind - http://www.sycamoreelementary.org/om

Do you have **WILD** and **CRAZY** fun ideas?, Do you like to solve problems in **CREATIVE** and **UNIQUE** ways? Do you like: Writing and acting in skits, building props, designing costumes, writing music, building and designing vehicles, structures and mechanical devices, working in teams, and solving problems where there is no wrong answer and "out of the box" thinking is rewarded? If this sounds like you, then, **ODYSSEY OF THE MIND** may just be what you are looking for!

Odyssey of the Mind is an international education program that provides creative problem-solving opportunities for students from Kindergarten through college. Now in it's 35<sup>th</sup> year. Odyssey of the Mind challenges teams of up to 7 students to find creative solutions to given problems, and then to present the solutions in the form of a short skit. Only the team (not their parents) may work on the solution, writing the script, making costumes, props, sets or designing and building vehicles or structures, or presenting their own interpretation of literary classics. They then bring their solutions to competition on the Regional, State and World levels.

### **Sycamore Valley Elementary Contacts:**

Julie Carges: Julie.Carges@hotmail.com or Monique Saulsbury: dmsaulsbury@comcast.net

Soccer

Here is the website for the Mustang Soccer league. Open registration for Mustang Soccer League begins February 1<sup>st</sup> and runs until June 30th. http://www.mustangsoccer.com/FAQs/index E.html

#### Indoor soccer at San Ramon Sports!

http://www.sanramonsports.com/

Soccer clinics: http://www.ebys.org/

#### Softball

http://www.srvgal.org/events.html

#### Indoor batting cages!! - http://www.sanramonsports.com/

#### Swim Teams Galore

Valley Swim Association (VSA). The VSA is a recreational swim league established for the benefit of kids, up to age 18, living in the Alamo, Danville, Diablo and San Ramon Areas. The VSA is committed to developing its members into better swimmers while teaching team spirit, good sportsmanship, and community camaraderie.

http://vsa-swim.org/Home Page.html

## **Adult Recreation**

### Running

If you are a runner or enjoy hiking check out the below link. These events are very well organized, safe, and very fun! <u>http://www.brazenracing.com/</u>

Forward Motion in downtown Danville also has an open running group that meets on Wednesday evenings at 6:30pm.

# Cycling

Fun site to find fellow cyclists. http://road-cycling.meetup.com/cities/us/ca/danville/